

The background features abstract, flowing waves in shades of red, orange, and yellow, creating a sense of movement and energy. The waves are layered and semi-transparent, giving a dynamic and modern feel to the design.

WHAI ORITETANGA

In pursuit of equity

WHAT IS OUR WHY

- **Differences in health outcomes exist between Māori and non-Māori which are significant**
 - Quality of health care
 - Experiences of health care
 - Access to health care

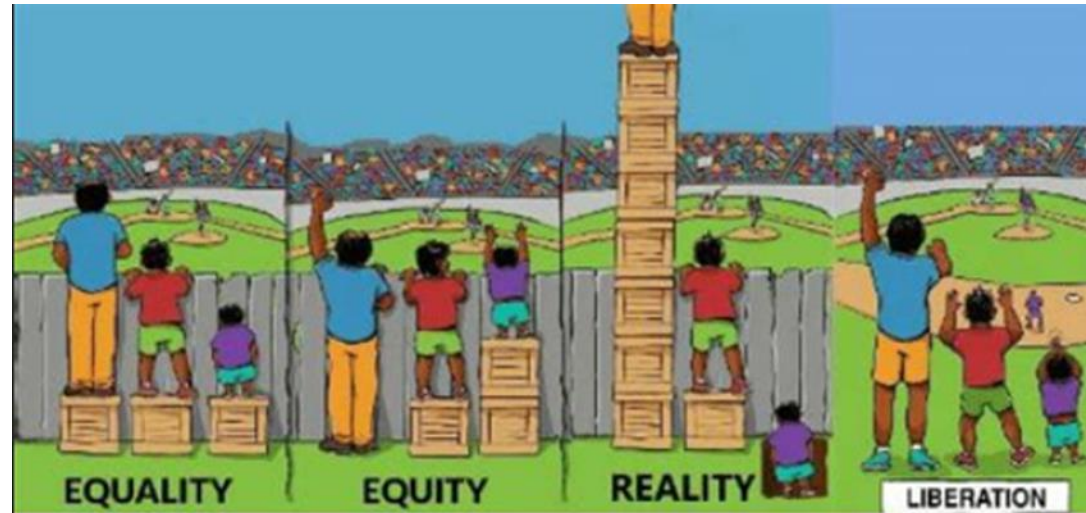
DEFINING EQUITY WHY IS IT IMPORTANT

The Ministry's definition is as follows:

In Aotearoa New Zealand, people have differences in health that are not only avoidable but unfair and unjust. Equity recognises different people with different levels of advantage require different approaches and resources to get equitable health outcomes.



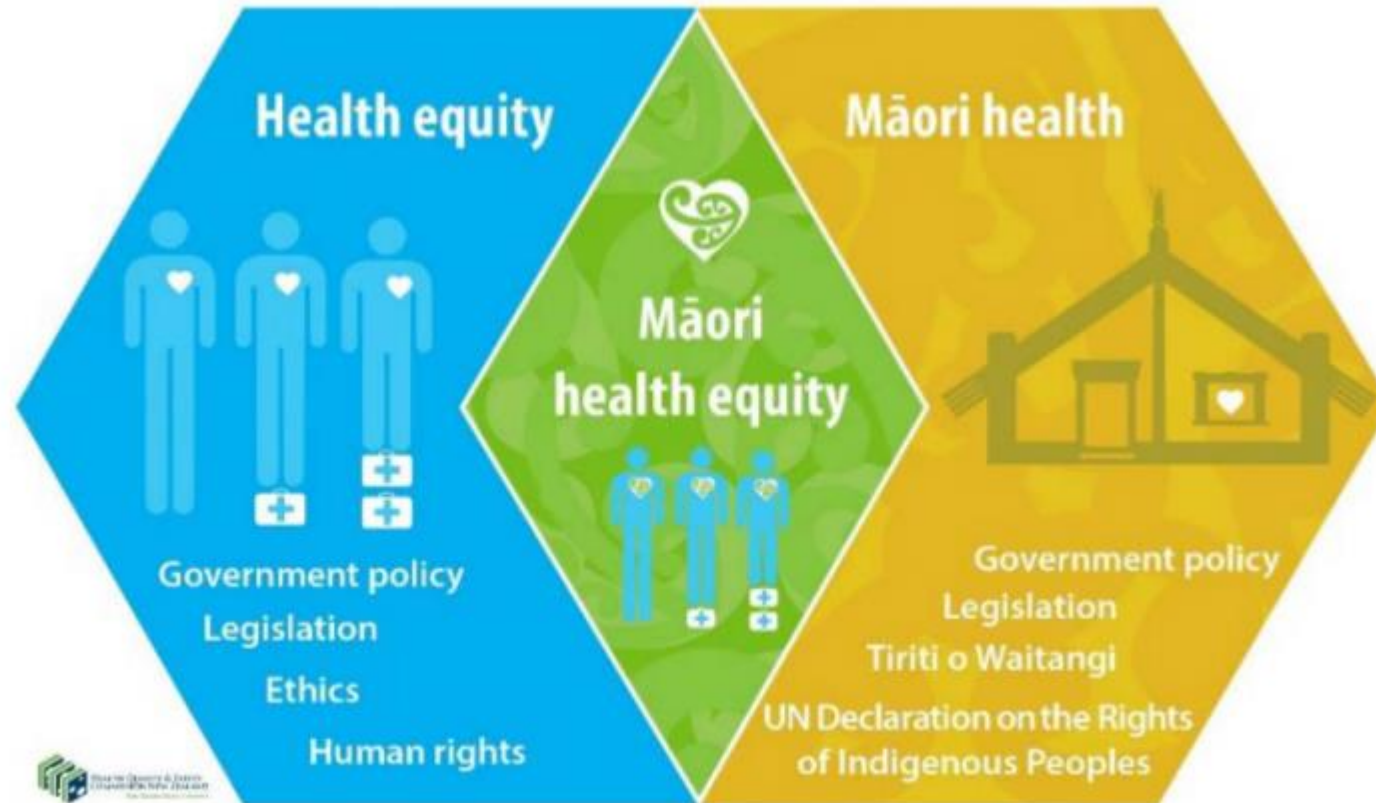
EQUALITY VS EQUITY VS LIBERATION



Liberation


WHAT IS EQUITY AND WHY IS IT IMPORTANT?

Figure 2: Supporting Māori health aspirations and equitable health outcomes



WHAT WE HEAR?

- I treat all whānau the same regardless of their ethnicity
- In New Zealand we are a multicultural society we treat everyone equal
- I don't know how to look after Māori patient's your Māori you can look after them.
- They have to many people visiting them and taking up too much space
- Māori are too complex
- It's not my job we can't do anything because they live out of our regions
- I'm not from new Zealand I have never heard of the Treaty
- I'm not talking to them I felt like they had judged me and my whānau
- I just told them what they wanted to hear



Working with whānau is seen as not as important as working with the patient by nurses and health professionals

TE TIRITI O WAITANGI



WHĀNAU ORA

How can we use our skills and knowledge to empower whānau to understand and manage their own health and well-being.



MAURI ORA

- **Mauri is the concept of the life force that is instilled in people and all living things.** Mauri ora is the protection and advancement of this force for health.
- Increasing Health Literacy
- Strengthening Identity
- Encouraging Self Management
- Fostering Health Lifestyles



WAI ORA

- Wai Ora (Healthy Environment) – Nursing admission, allied health referrals and risk assessments sections. Working alongside Māori & Iwi providers, Access to resources and to live in environments that support and sustain a healthy life.




LET'S THINK ABOUT PARTNERING WITH WHĀNAU

- Do you use whānaungatanga to introduce yourself and create therapeutic relationships?
- Are whānau at the centre of all your interactions or do you have a patient centric approach?
- How do you include whānau?
- Do you have whānau hui?
- Do you use Māori models of care and Māori health strategies to ensure health care pathways are connected? Do you know what they are?
- Do you refer to your local iwi providers or kaupapa Māori service? Do you know who the local iwi is and what services they have?
- Have you heard of a whānau ora navigator?



HOW DO WE CHANGE OUR UNDERSTANDING TO GET A GOOD OUTCOMES

- Lets think about what we are doing when we are planning our interventions and outcomes
- Let's consider how we advocate and from whose perspective
- Who do we involve?
- What does it look like?
- What does success look like for whānau?



“If you change the way you look at things;
things you look at will change”